I’m Stretching Very Tall

As students sing the song, have them move through high and low levels to make a kinesthetic connection to the pitch. Students can crouch down in a ball on the words “small” and “low,” and can stretch up tall on the words “tall” and “high.”

You may add a pitched instrument to the words “high” and “low” (i.e., xylophone) to add an aural component, so that students are both singing and hearing differing octaves.